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③ FOLD

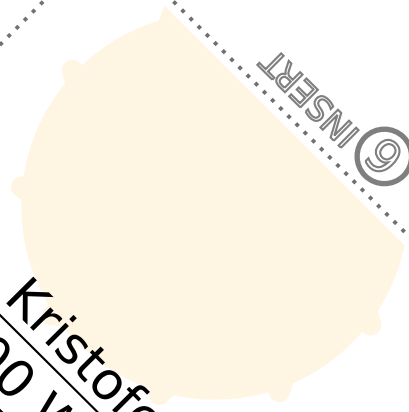
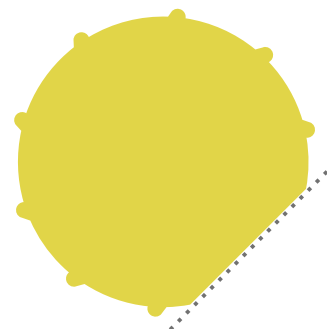
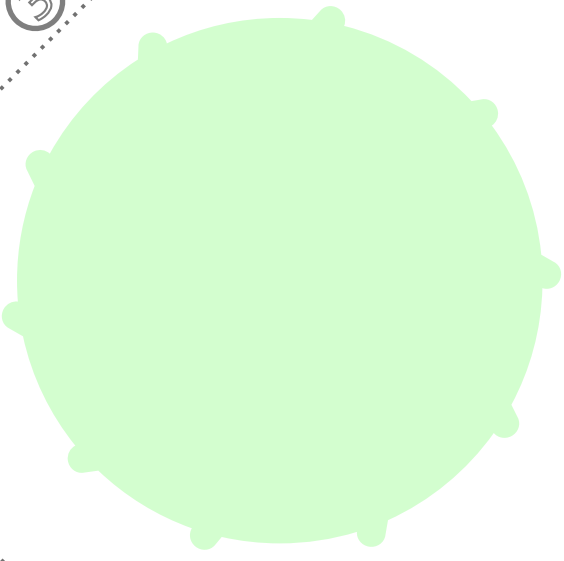
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⑤ FOLD UP



Feedback

Critical feedback is really, really, really, really, helpful. You will absolutely make my day if you answer the few questions below and send them to me. In fact, I'll appreciate it so much, I'll send you an On Ensemble thank-you gift for sending me your thoughts!

In addition to hearing what worked for you, I'm particularly interested in hearing about what didn't. I know that daily practice is hard to do. It's even hard for me and I *love* practicing. So if you had difficulty sticking with daily practice, make a guess as to why. Comments like, "The drills were kind of boring after the second day..." or "I planned to practice in the mornings, but just couldn't get myself to do it," are great!

Comments like these help me improve the flow and focus of the course.

Of course I love suggestions too. Did the 30 days leave something out or overly emphasize something else? Even if you're not sure it's a great idea, throw it into the brainstorm pot and let me mull it over.

I'll have your thank-you gift in the mail ASAP!

1) How far did you make it with practice?

2) If you didn't make it all the way, what killed your drive?

3) How did you feel about the overall difficulty level of the course?

4) Any other input?

Thank you!